

SPORT THROUGH EDUCATION

STRATEGY 2001 – 2003



Rutland County Council



LEICESTERSHIRE
COUNTY COUNCIL



Leicester
City Council

Sport through Education Strategy

Introduction

The involvement of children and young people in a variety of activities provides them with the opportunity for self discipline, commitment, health, fitness, personal and social development. More importantly there is now growing evidence that undertaking physical activity can have a direct affect upon raising standards of academic achievement.

The Sport through Education Strategy was launched in October 1997 as a project funded jointly by Leicestershire County Council, Leicester City Council, Rutland County Council and Sport England (previously known as the English Sports Council), with Leicestershire County Council as the lead authority.

Particular highlights include:

- Over 3,500 Primary school staff have now been trained on the TOPS programme.
- Over 600 staff have now been trained on the Coaching for Teachers programme.
- Over 600 Community staff have been trained on the TOPS programme.
- Over 5,500 children have been coached by the Leicester Tigers through the Alliance & Leicester (A&L) Tag programme.
- 10,000 children have now taken part in the Millennium Youth Games.
- Almost 50 schools have now received up to £5,000 from the Awards for All programme.
- Over £10M has now been invested in Capital Sports Projects on school sites.

Guiding Principles

Fundamental to the strategy are five principles:

- To ensure all young people have a positive and enjoyable introduction to sport and the opportunity to continue their interests through a wide range of physical activity.
- To develop a joint Local Education Authority Framework which provides progression and continuity across and beyond the curriculum for all ages.
- To encourage all learners to adopt an active lifestyle and a positive approach to their health and wellbeing.
- To identify all potential partners and foster relationships between them.
- To achieve equal opportunities and access to all.

Aims

Three key aims will determine our action:

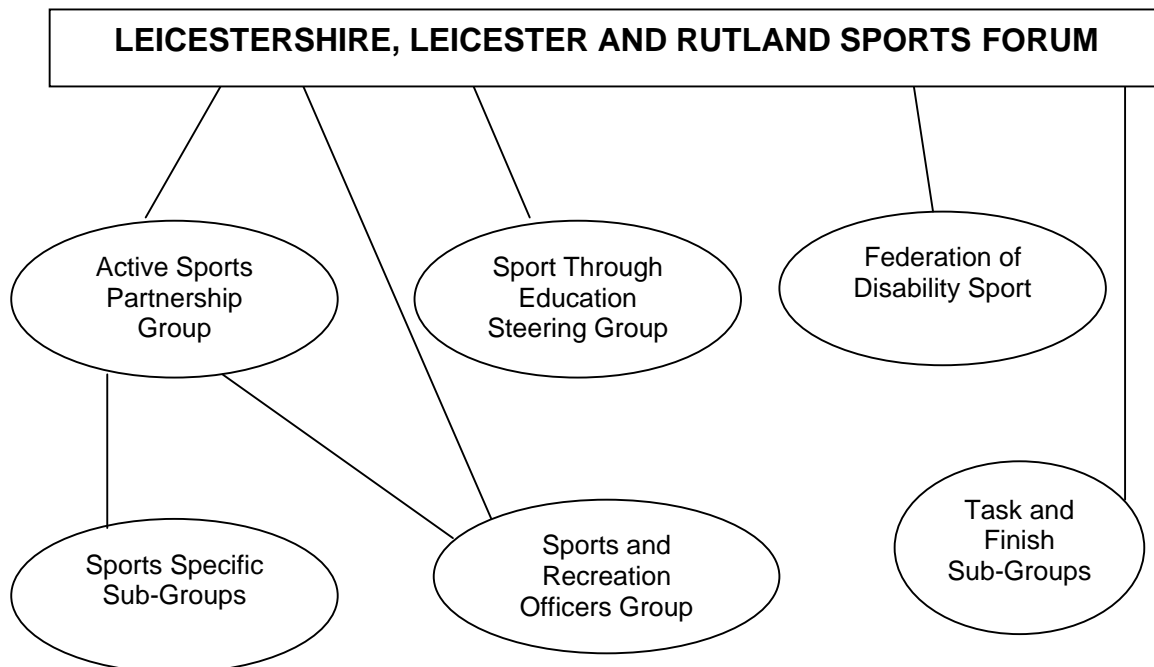
1. Curriculum – To ensure the physical education curriculum and its delivery is balanced, has breadth and is relevant.
2. Sport and Community Links – To develop progressive programmes linking schools with local community centres, sports clubs and other voluntary organisations.
3. Facilities and Resources – To provide high quality advice, support and training to ensure increasing community use and improvement of sports facilities on education sites.

These three aims will be underpinned by effective co-ordination and communication by all partners.

Leicestershire, Leicester and Rutland Sports Structure

For many years Sport England has encouraged local agencies involved in sport at a countrywide level to set up local partnerships through the establishment of county sports fora. In 1994 the Leicestershire, Leicester and Rutland Sports Forum was established to co-ordinate the planning and development of sporting opportunities for the whole of the geographical area of Leicestershire, including Leicester City and Rutland. It was restructured in April 2000 from the former Sports and Recreation Forum, and became more focussed in its work of co-ordinating and guiding sporting development and taking key decisions on strategic sporting matters. It established a remit to address specifically sports issues within its area of jurisdiction; the sports being defined by Sport England's list of recognised sports.

The Sports Forum has established itself as the umbrella body co-ordinating sport throughout Leicestershire, Leicester and Rutland. It oversees the work of a number of sub-groups and these are ultimately accountable to the Sports Forum to which they report. The Forum also has the ability to establish short term Task Groups to undertake specific tasks on behalf of the Forum. The current structure of sport is described below:



Curriculum Development and its Delivery

Aim: To ensure the PE Curriculum and its delivery, is balanced, has breadth and is relevant

Objectives:

- To complete the TOP Play and TOP Sport initiative in Primary Schools and develop initiatives further.
- To raise awareness of new sporting initiatives at KS3/4 and provide advice and support on their implementation.
- To develop and organise PE INSET involving District/Borough/City/County Councils and specific sports where appropriate.
- To advise schools on the practical integration of existing and new sport initiatives within their curriculum.
- To contribute to and develop initiatives to support the raising standards programme in schools/colleges.
- To liaise with Partner Agencies in supporting the Sport through Education Strategy.

Community Sport Links

Aims: To develop progressive programmes linking schools with local community centres, sports clubs and other voluntary organisations

Objectives:

- To develop further the work of the Leicestershire School Sports Federation.
- To provide support for the different contributors to Sport through Education.
- To support partners in relation to the role of Sport through Education in their activities.

Facilities and Resources

Aim: To provide high quality advice, support and training to ensure increasing community use and improvement of sports facilities on education sites

Objectives:

- To devise an operational plan for community use of educational sites
- To improve the co-ordination of information for potential partners

Leicester City Council Education Link Officer

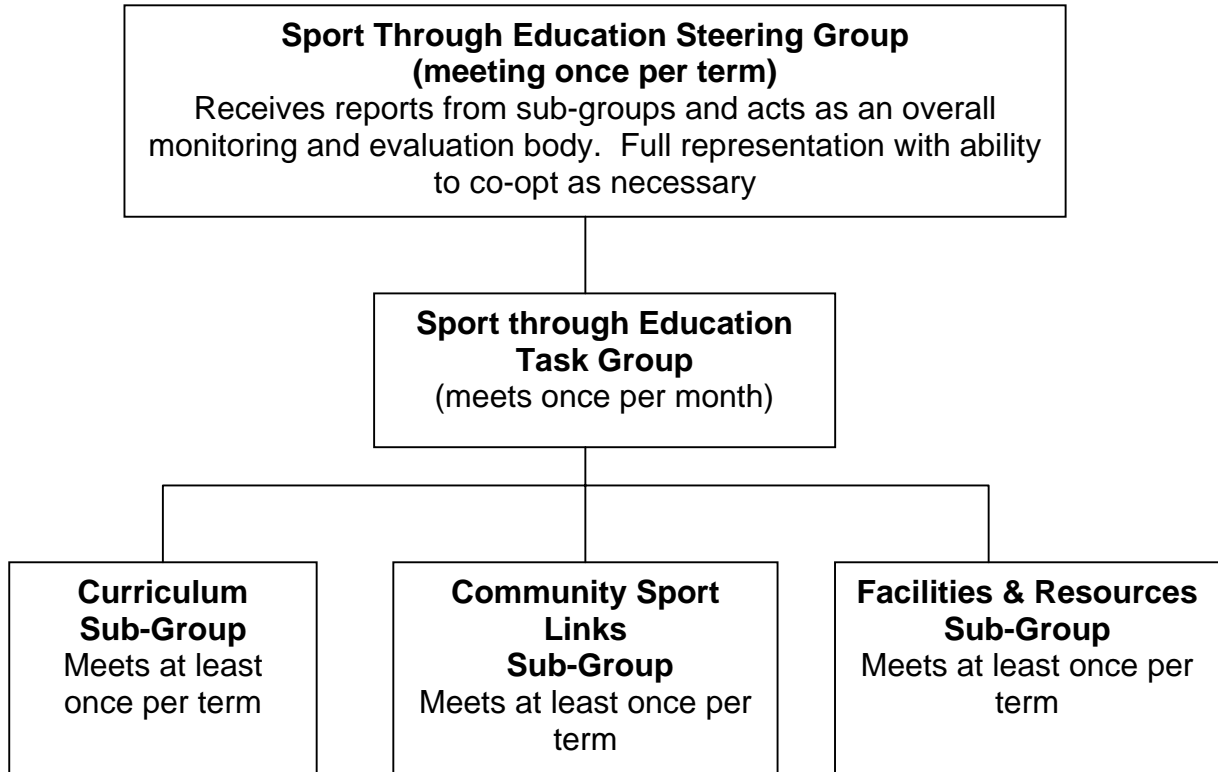
In 1998, as part of extended funding from Sport England to the Sport through Education Strategy, an Education Link Officer was appointed by Leicester City Council. The aim of this three year post is to enhance the delivery of sports and physical activities to young people within Leicester City schools. The post has ensured that all schools in Leicester have benefited from the opportunities available.

Rutland County Council

A co-ordinator for the Sport through Education Strategy is now in place for the next two years. The primary responsibility will be for the development of TOPS within schools.

Monitoring and Evaluation Framework

The Annual Review is an integral part of the monitoring and evaluation process for the Sport through Education Strategy. The monitoring and evaluation process consists of a series of steering group and task group meetings involving all the agencies within the partnership. It provides a rigorous framework for the continuous and effective planning and delivery of key targets identified within the yearly action plans.



Glossary of Terms

Active Schools:

Sport England Programme building on the National Junior Sport Programme

Active Sports:

Local Authority, Sport and Sport England Programme developing performance pathways for young sports stars of the future. Includes Millennium Youth Games

Chairs of Leisure:

Local Authority elected members with responsibility for leisure issues

Champion Coaching:

National Coaching Foundation Programme providing quality coaching in a range of sports

Cluster Support Meetings:

Termly meetings for primary schools trained in the TOPS Programme, involving INSET

Coaching for Teachers:

Programme of training for teachers and non teachers in PE and Sport

DfES: (previously DfEE)

Department for Education and Skills

INSET:

In-Service training for teachers

Leisure Officers:

Local Authority paid officers with responsibility for leisure issues

Awards for All:

Funding available for sports projects between £500 and £5000

Millennium Youth Games: (now referred to as Area Youth Games)

National Programme of Youth Games for under 13 and under 15 age groups, involving eight core sports, with a National Final for the older age group

Specialist Sports College:

DfEE initiative involving increased funding for secondary schools achieving this status

Sport and Recreation Officers' Group:

Sports Development officers' group co-ordinating work in the area

Sports Train:

National Programme of training for Youth Workers in Sport

Tag Rugby:

Non contact small sided rugby game for youngsters

TOPS Programme:

National Programme of Quality Sports training, equipment bags and resource cards –

- TOP Start 3 –5 years
- TOP Play 4 – 9 years
- TOP Sport 7 – 11 years
- TOP Skill 11 – 14 years
- TOP Link 14 – 19 programme aimed at developing primary/secondary school links

Abbreviations

FSA	Foundation for Sports and the Arts
A4A	Awards for All
STELO	Sport through Education Link Officer
EFDS	English Federation of Disability Sport
EDP	Education Development Plan
LEA	Local Education Authority
SSCO	School Sport Co-ordinator
CSM	Cluster Support Meeting
PS Support Network	Primary School Support Network
CFT	Coaching for Teachers
ASM	Active Sports Manager
PESPO	PE and Sport Project Officer
NHSS	National Healthy School Standard
LSSFSG	Leics School Sports Federation Steering Group
LA	Local Authority
SSA	School Sports Association
GB	Governing Body
NOF	New Opportunities Fund
STESG	Sport through Education Steering Group
L&RPFA	Leicestershire and Rutland Playing Field Association
PFI	Private Finance Initiative
FA	Football Association
LLR	Leicestershire, Leicester and Rutland
SDO	Sports Development Officer
ESFO	Education Sports Facilities Officer
TL	TOP Link
F&R	Facilities and Resources
MV	Millennium Volunteers
P&T	Planning & Transportation